

Berkshire Hills Regional School District – Lunch Menu for February 2025

All Schools – Breakfast & Lunch are Free to all students










Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits
and Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 All Beef Hot Dog or Veggie Dog	4 Hot Open Faced Turkey Sandwich	5 Marinated Breast of Chicken Rice	6 Meatball Grinder	7 Stuffed Crust Pizza	8
9	10 Breakfast for Lunch WG Waffles Yogurt	11 Grilled Cheese Sandwich	12 Half Day of School	13 Chicken Nuggets Oven Fries	14 Cheese Pizza	15 Winter Break 
16 Winter Break 	17 Winter Break 	18 Winter Break 	19 Winter Break 	20 Winter Break 	21 Winter Break 	22 Winter Break 
23 Winter Break 	24 Chicken Patty Sandwich	25 Fish Sticks Sweet Potato Fries	26 Meatloaf Mashed Potatoes w/Gravy	27 Pasta Bar WG Pasta with Choice of Marinara or Alfredo Sauce	28 Cheese Calzone	

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department:

**Free & Reduced Meal Benefits, Allergy concerns or any questions please contact - KATHY SULLIVAN – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org**

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