

## Berkshire Hills Regional School District – Lunch Menu for May 2024

**All Schools – Breakfast & Lunch are Free to all students**



**Additional Lunch Choices:**

**Deli Sandwich or  
Sunbutter & Jelly Sandwich**

**ALL Lunches include an  
8 oz. 1% Low Fat Milk  
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and  
Vegetables**

**ALL Pastas, Breads & Rolls are  
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Salisbury Steak Mashed Potatoes w/Gravy	<b>2</b> Baked Ziti	<b>3</b> Cheese Pizza <b>National School Lunch Hero Day</b> 	<b>4</b>
<b>5</b>	<b>6</b> Breakfast for Lunch Egg & Cheese Sandwich on WW Bagel	<b>7</b> All Beef Hot Dog or Veggie Dog	<b>8</b> Chicken Parmesan WG Pasta	<b>9</b> Philly Cheese Steak Sandwich	<b>10</b> Stuffed Crust Pizza	<b>11</b>
<b>12</b>	<b>13</b> Chicken Nuggets	<b>14</b> BBQ Pork Riblet Sandwich	<b>15</b> Half Day of School	<b>16</b> Fish Sandwich Oven Fries	<b>17</b> Cheese Calzone	<b>18</b>
<b>19</b>	<b>20</b> Hamburger, Cheeseburger or Veggie Burger	<b>21</b> Grilled Cheese Sandwich	<b>22</b> Marinated Breast of Chicken Brown Rice	<b>23</b> BBQ Pulled Pork Sandwich	<b>24</b> Cheese Pizza	<b>25</b>
<b>26</b>	<b>27</b> Memorial Day Holiday 	<b>28</b> Chicken Patty Sandwich	<b>29</b> Beef Tacos Rice	<b>30</b> Fish Sticks Sweet Potato Fries	<b>31</b> Stuffed Crust Pizza	

**FRESH FRUIT & VEGETABLE**

**OFFERINGS VARY DAILY**

**FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon,  
Plums, Peaches, Grapes, Mango & Kiwi**

**VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes,  
Mesclun Greens & Chickpeas**

If you have questions regarding the Food Service Department: Menu, On-line Payment Info,  
Free & Reduced Meal Benefits, Allergy concerns or any questions please contact - **KATHY SULLIVAN** – Director of Food Service  
(413)644-2325 or (855)255-8666 or [Kathy.sullivan@bhrsd.org](mailto:Kathy.sullivan@bhrsd.org) **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**