

Berkshire Hills Regional School District – Lunch Menu for February 2024

All Schools – Breakfast & Lunch are Free to all students











Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Meatloaf Mashed Potatoes w/Gravy	2 Stuffed Crust Pizza	3
4	5 All Beef Hot Dog or Veggie Dog	6 Cheese Quesadilla	7 Chicken Parmesan WG Pasta	8 Fish Sandwich	9 Cheese Calzone	10
11	12 Hamburger, Cheeseburger Or Veggie Burger	13 Breakfast for Lunch French Toast Yogurt	14 Half Day of School 	15 Chicken Nuggets	16 Cheese Pizza	17 School Vacation 
18 School Vacation 	19 School Vacation 	20 School Vacation 	21 School Vacation 	22 School Vacation 	23 School Vacation 	24 School Vacation 
25 School Vacation 	26 Chicken Patty Sandwich	27 BBQ Pork Riblet Sandwich	28 Cheese Lasagna	29 Meatball Grinder		

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon,
Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes,
Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department: Menu, On-line Payment Info,
Free & Reduced Meal Benefits, Allergy concerns or any questions please contact - **KATHY SULLIVAN** – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrs.org **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**