

Berkshire Hills Regional School District – Lunch Menu for May 2022

All Schools – Breakfast & Lunch are Free to all students


Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly
Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include
Fruits and Vegetables**

**ALL Pastas, Breads &
Rolls are Whole Grain or
Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Breakfast for Lunch WW Pancakes Yogurt	3 BBQ Pork Riblet Sandwich	4 Beef Tacos Apple Churro	5 Chicken Parmesan WG Pasta	6 Stuffed Crust Pizza	7
8	9 All Beef Hot Dog or Veggie Dog	10 Fish Sticks	11 In-Service Half Day of School	12 Meatball Grinder	13 Cheese Pizza	14
15	16 Chicken Patty Sandwich	17 Grilled Cheese Sandwich	18 Baked Macaroni & Cheese WW Dinner Roll	19 Meatloaf Mashed Potatoes w/Gravy	20 Cheese Calzone	21
22	23 Hamburg, Cheeseburg or Veggie Burger	24 Fish Sandwich	25 BBQ Chicken Corn Bread	26 Philly Cheese Steak Sandwich	27 Stuffed Crust Pizza	28
29	30 	31 Chicken Nuggets				

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon,
Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes,
Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department: [Menu](#), [On-line Payment Info](#),
Free & Reduced Meal Benefits, Allergy concerns or any issues please contact - **KATHY SULLIVAN** – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**