

Berkshire Hills Regional School District – Lunch Menu for June 2022

All Schools – Breakfast & Lunch are Free to all students

Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Grilled Cheese Sandwich	2 BBQ Pork Riblet Sandwich	3 Cheese Pizza	4
5	6 Hamburg, Cheeseburg or Veggie Burger	7 Cheese Calzone	8 Beef Tacos Apple Churro	9 Chicken Parmesan WG Pasta Muddy Brook ONLY Field Day – Special Menu	10 Stuffed Crust Pizza	11
12	13 All Beef Hot Dog or Veggie Dog	14 Chicken Patty Sandwich	15 Pizza	16 LAST DAY OF SCHOOL	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

**FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon,
Plums, Peaches, Grapes, Mango & Kiwi**

**VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes,
Mesclun Greens & Chickpeas**

**If you have questions regarding the Food Service Department: Menu, On-line Payment Info,
Free & Reduced Meal Benefits, Allergy concerns or any issues please contact - KATHY SULLIVAN – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER****