

Berkshire Hills Regional School District – Lunch Menu for August & September 2021

All Schools – Breakfast & Lunch are Free to all students


Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30 Chicken Patty Sandwich	31 Fish Sandwich	1 Salisbury Steak Mashed Potatoes w/Gravy	2 BBQ Pork Riblet Sandwich	3 Stuffed Crust Pizza	4
5	6  Holiday - No School	7 WG Macaroni & Cheese	8 Marinated Breast of Chicken Long Grain Rice	9 Philly Cheese Steak Sandwich	10 All Beef Hot Dog or Veggie Dog	11
12	13 Breakfast for Lunch Egg Sandwich on WW English Muffin	14 Clam Roll	15 Beef Tacos Apple Churro	16 Chicken Nuggets	17 Cheese Pizza	18
19	20 Hamburger or Veggie Burger	21 BBQ Chicken Wrap	22 Half Day of School (In-Service)	23 Baked Stuffed Shells WW Dinner Roll	24 Stuffed Crust Pizza	25
26	27 Grilled Cheese Sandwich	28 Fish Sticks	29 Hot Open Faced Turkey Sandwich on WW Bread	30 WG Pasta w/Meatballs		

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department: [Menu](#), [On-line Payment Info](#),
Free & Reduced Meal Benefits, Allergy concerns or any issues please contact - **KATHY SULLIVAN** – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrs.org **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**