

Berkshire Hills Regional School District – Lunch Menu for May 2021

All Schools – Breakfast & Lunch are Free to all students

Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3 Hamburger or Veggie Burger	4 BBQ Chicken Wrap	5 Baked Stuffed Shells WW Dinner Roll	6 Fish Sticks Oven Fries	7 Stuffed Crust Pizza	8
9	10 Philly Cheese Steak Sandwich	11 Chicken Patty Sandwich	12 Salisbury Steak Mashed Potatoes w/Gravy	13 Grilled Cheese Sandwich	14 All Beef Hot Dog or Veggie Dog	15
16	17 Breakfast for Lunch WG Pancakes Yogurt	18 WG Pasta & Meatballs	19 Marinated Breast of Chicken Rice	20 BBQ Pork Riblet Sandwich	21 Cheese Pizza	22
23	24 Chicken Nuggets	25 Clam Roll	26 Baked Macaroni & Cheese WW Dinner Roll	27 Beef Tacos Apple Churro	28 Stuffed Crust Pizza	29
30	31 					

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department: Menu, On-line Payment Info,
Free & Reduced Meal Benefits, Allergy concerns or any issues please contact - **KATHY SULLIVAN** – Director of Food Service
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**