

Berkshire Hills Regional School District – Lunch Menu for February 2021

All Schools – Breakfast & Lunch are Free to all students

Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 Chicken Nuggets	2 Baked Stuffed Shells WW Dinner Roll	3 REMOTE LEARNING DAY	4 Fish Sticks Oven Fries	5 Hamburger or Veggie Burger	6
7	8 Breakfast for Lunch Pancakes & Yogurt	9 BBQ Chicken Wrap	10 REMOTE LEARNING DAY	11 All Beef Hot Dog or Veggie Dog	12 Stuffed Crust Pizza	13
14	15 School Vacation Week	16 School Vacation Week	17 School Vacation Week	18 School Vacation Week	19 School Vacation Week	20
21	22 Chicken Patty Sandwich	23 Macaroni & Cheese WW Dinner Roll	24 REMOTE LEARNING DAY	25 WG Pasta & Meatballs	26 Cheese Pizza	27
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FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

**FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon,
Plums, Peaches, Grapes, Mango & Kiwi**

**VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes,
Mesclun Greens & Chickpeas**

If you have questions regarding the Food Service Department: Menu, On-line Payment Info,
Free & Reduced Meal Benefits, Allergy concerns or any issues please contact - **KATHY SULLIVAN – Director of Food Service**
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**