

Berkshire Hills Regional School District – Lunch Menu for December 2020

All Schools – Breakfast & Lunch are Free to all students

Additional Lunch Choices:

**Deli Sandwich or
Sunbutter & Jelly Sandwich**

**ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk**

**ALL Lunches include Fruits and
Vegetables**

**ALL Pastas, Breads & Rolls are
Whole Grain or Whole Wheat**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	30 Stuffed Crust Pizza	1 Fish Sandwich	2 REMOTE LEARNING DAY	3 Baked Stuffed Shells	4 Marinated Breast Chicken Rice	5
6	7 Baked Stuffed Shells	8 Marinated Breast Chicken Rice	9 REMOTE LEARNING DAY	10 Stuffed Crust Pizza	11 Fish Sandwich	12
13	14 Grilled Cheese Sandwich	15 All Beef Hot Dog or Veggie Dog	16 REMOTE LEARNING DAY	17 Breakfast for Lunch French Toast	18 Chicken Patty Sandwich	19
20	21 Breakfast for Lunch French Toast	22 Chicken Patty Sandwich	23 REMOTE LEARNING DAY	24 Winter Break 	25 Winter Break 	26 Winter Break 
27 Winter Break 	28 Winter Break 	29 Winter Break 	30 Winter Break 	31 Winter Break 		

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

**FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon,
Plums, Peaches, Grapes, Mango & Kiwi**

**VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes,
Mesclun Greens & Chickpeas**

If you have questions regarding the Food Service Department: Menu, On-line Payment Info,
Free & Reduced Meal Benefits, Allergy concerns or any issues please contact - **KATHY SULLIVAN – Director of Food Service**
(413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrsd.org **THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**