

Dear Families,



Our Veterans Day breakfast and assembly on Tuesday was wonderful with over sixty veterans and family members attending. Students at every grade level made contributions of music, art, and poetry. Thank you for supporting your children in understanding what an important day this is. Our veterans left smiling.

Attached you will see a flyer for the Canyon Ranch Institute/ Berkshire Health Systems Life Enhancement Program. This program is free of charge and truly supportive. We are grateful Fairview Hospital, Berkshire Health Systems and the Canyon Ranch Institute are taking a proactive approach to supporting health and wellness in our community.

There are many PTA events this week. All are welcome to join.

November 14th, 10 a.m.: Tea & Thank You's - Come help us write thank you notes and enjoy coffee, tea, and snacks while socializing. Kids welcome to come play. **RSVP** to muddybrookpta@gmail.com

November 16th, 3:45-5 p.m.: Next PTA Meeting - The future of Mud Day is in your hands. We will decide whether and how this tradition will continue.

November 18th, 8:40 a.m.: Wednesday Walkers - Meet new friends and explore our lands on a quick 30-min. jaunt. Drop-in to walk and talk Wednesdays, weekly, after drop-off. Meet in the school lobby.

November 20th, 5:30-7 p.m.: Family Fun Night Games galore, free, at school.

Starting next week we will close off the front circle between 2:10 and 2:20 p.m. to all cars to improve safety for our prekindergarten students meeting vans. We will try this approach for a week to see if it works. If you see cones blocking the circle, please do not drive through them.

Next Friday all is a half day. Muddy Brook staff will be working together to improve math instruction.

Here is the schedule of meetings and special events:

MONDAY, November 16

8:00-8:30 a.m.	Chess Club (Library)
12:00-1:00 p.m.	Magic Gathering Club
3:45-4:45 p.m.	PTA Meeting (Cafeteria)

TUESDAY, November 17

8:00-8:30 a.m.	Unicycling
6:30-8:00 p.m.	Cub Scouts (Community Room/Café)

WEDNESDAY, November 18

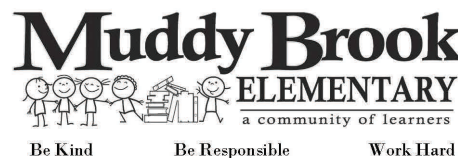
8:00-8:30 a.m.	Chess Club (Library)
5:15-6:15 p.m.	Project Connection Parent Forum (Library)

THURSDAY, November 19

8:00-8:30 a.m.	Ukulele Club (Science Room)
7:00 p.m.	School Committee – Meet & Confer (District Office)

FRIDAY, November 20

Half Day; noon dismissal	Professional Development; no lunches will be served
8:00-8:40 a.m.	Unicycling (Gym)
5:30-7p.m.	PTA Family Fun Night (MBE Gym, Cafeteria, Library) Games galore. FREE!





Chess Club News



Muddy Brook Chess Club T-Shirts will now be available for purchase during chess club (only \$8)
They make excellent Christmas gifts for Muddy Brook Chess players.

Remember all are welcome to Chess Club. If you don't know how to play, come and learn. If you know how to play, come and sharpen your skills.

The Sixth Annual Muddy Brook Chess Tournament

This year's chess tournament will be a double elimination tournament (i.e. participants need to lose two matches before they are eliminated from the tournament.) Any student who knows how to play chess and wishes to participate and whose parents or guardian completes a "chess tournament permission slip" and turns it into the Muddy Brook office before February 1st may participate. The winner of the tournament will have his/her name engraved on the school chess trophy to be displayed in the elementary school office FOREVER. Scheduling of games for the tournament will be done by Mr. Kalish and all students and their parents will be informed of tournament games at least one week in advance. All games will be during Chess Club, Monday and Wednesday mornings 8:00 to 8:25 a.m. in the Muddy Brook library. Anyone showing up later than 8:10 a.m. will automatically forfeit that game. Games not finished by 8:25 a.m. will be recorded and finished at another meeting of the Chess Club. Tie games will be replayed. A second tie game by the same players will be adjudicated by Mr. Kalish and he will declare a winner based on which student played the "better" game. Which student has the white pieces for each game will always be decided randomly. The first game of the tournament will be played on February 22, 2016. Below is the Chess Tournament Permission Slip. More copies of this form can be picked up at Chess Club or from the Muddy Brook office.

2015 Chess Tournament Permission Slip

Student's Name _____

Parent or Guardian's Name _____

Best way to contact Parent (telephone number, email, etc.) _____

I understand that tournament matches take place in the mornings at 8:00 a.m. and the school can not provide transportation to bring my child to school on those mornings.

2015-2016 Chess Club Team Shirt Order Form

Full name of chess player(s): _____ Homeroom _____

Number and size of shirts:

	# of shirts @ \$8/ea	# of shirts @ \$8/ea	# of shirts @ \$8/ea	# of shirts @ \$8/ea
Student size	XS	S	M	L
Adult size	S	M	L	XL

_____ Attached is our check for \$8.00/shirt ordered and made out to the Muddy Brook PTA.

_____ We are contributing an additional amount to cover the cost of a shirt for another child.

_____ We cannot contribute to the costs of team shirts at this time. Thank you for providing a shirt for my child.

Please return order forms by February 1st to Christine Kelly in the Main Office at Muddy Brook.

Thank you for your order! - Gene Kalish, Chess Coach

FAMILY FUN NIGHT

Friday, November 20th

5:30-7:00 p.m.

Muddy Brook

Board Games and Word Games

Gym Games

Group Pictionary

BINGO

**Bingo prizes, refreshments,
and a chance to get to know your
Muddy Brook Community.**

to volunteer at the event contact joshuabriggs@gmail.com

**MUDDY BROOK PTA
BUILDING COMMUNITY, ENRICHING EDUCATION**



PARENTS' NIGHT OUT

What are you
thankful for?



FRIDAY, NOV 13 | 6-8:30 P.M.



Ages 3-12 years.

Parents, drop off your kids here for an evening of activities, while you enjoy an evening out. Create a beautiful centerpiece for your Thanksgiving table.

Pizza dinner will be served.

Be sure to send swimsuit and towel.
Please register at least 48 hours in advance.

Members \$15 Guests \$17



BERKSHIRE SOUTH
REGIONAL COMMUNITY CENTER
15 Crissey Road, Great Barrington, MA 01230
www.berkshiresouth.org • 413.528.2810



These events/activities are neither sponsored nor endorsed by the Berkshire Hills Regional School District.

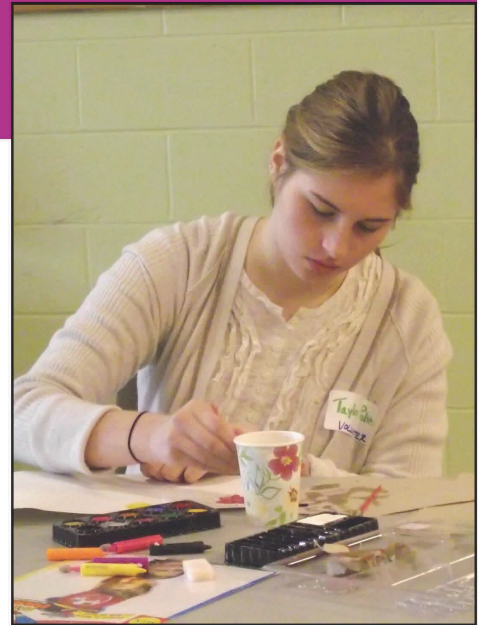


FASHION

Figure Drawing

Saturday, Nov 14
10-11:30 a.m.

Members \$15
Guests \$18



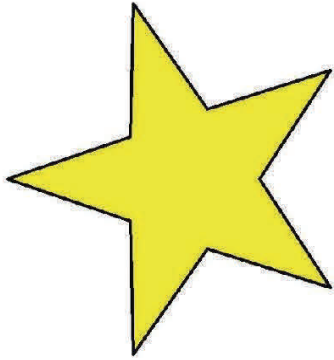
Ages 10-14. Explore the figure through fashion illustration with artist-educator Emily Beaulieu. Draw from imagination and other imagery to create fashion illustrations and learn the proportions of the figure. Please pre-register at least 48 hours in advance.



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AMAZING PAJAMA NIGHT

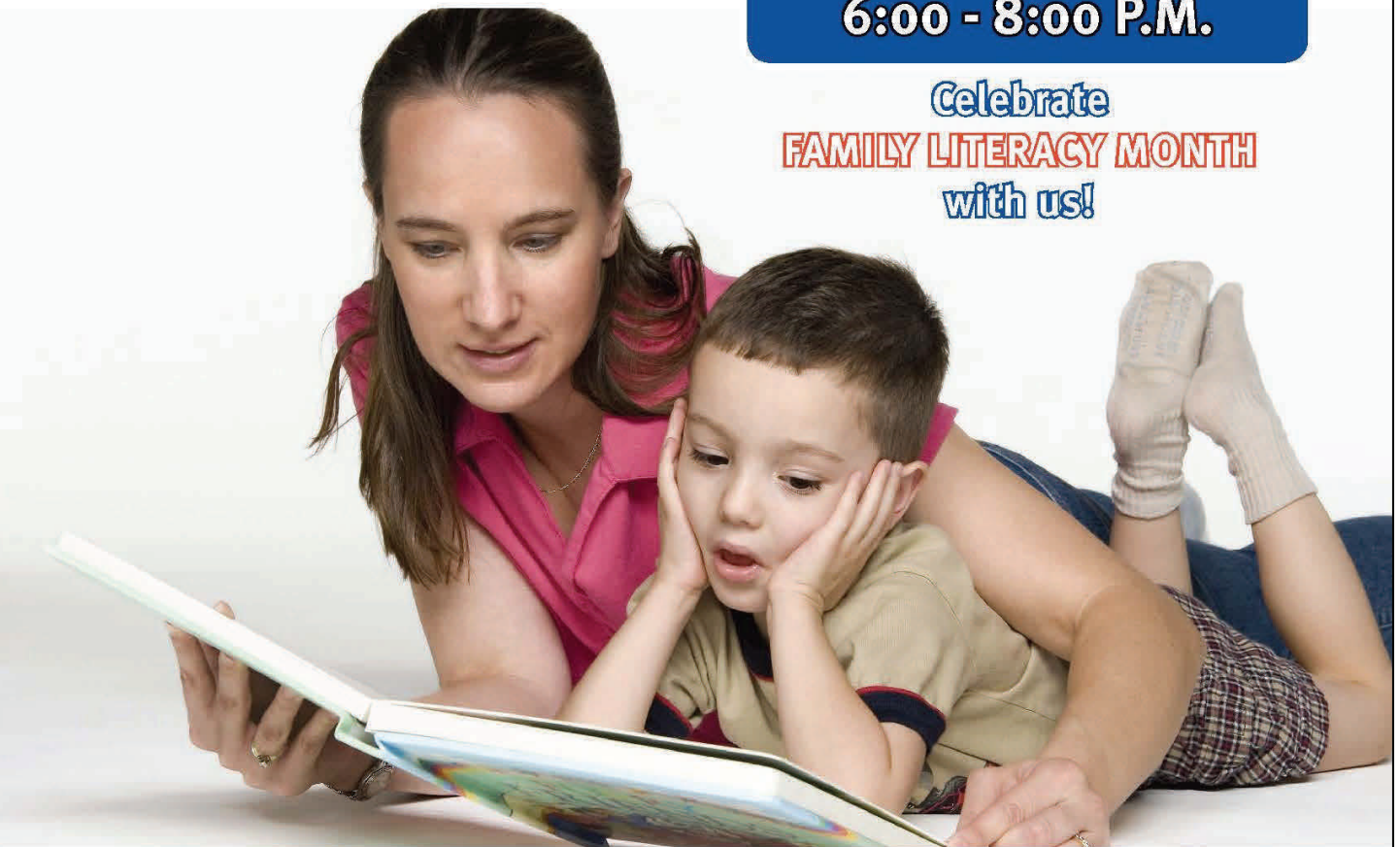


Featuring local author **TY ALLAN JACKSON**

- Free to attend
- Literacy activities for birth to 3rd grade
- Readings by community friends
- PJs optional!
- Free books!

Friday, November 20th
6:00 - 8:00 P.M.

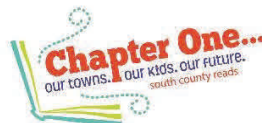
Celebrate
FAMILY LITERACY MONTH
with us!



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Contact Berkshire United Way at (413)-442-6948 or visit
www.berkshireunitedway.org



LIVE UNITED

**United
Way**



Berkshire United Way

OUR CHILDREN SUCCEED. YOUTH MAKE HEALTHY DECISIONS. OUR COMMUNITY THRIVES.



We're helping Berkshire County get healthier. Berkshire Health Systems has partnered with the non-profit Canyon Ranch Institute to offer a new health and wellness program **FREE OF CHARGE** to Berkshire community.

The Canyon Ranch Institute Life Enhancement Program can help you prevent and reduce chronic disease through positive lifestyle changes.

- **Focus areas:** Nutrition, Physical Activity, Integrative Health, Mindfulness, Stress Management, Behavior Change, and Vitamins-Supplements-Medications
- **12 Group sessions**
- **One-to-one consultations with:**
 - Integrative Health Professional
 - Exercise Professional
 - Nutrition Professional
 - Behavioral Health Professional
- **Personal lifestyle and health assessments, including blood tests**

The program will run every Wednesday evening from 5pm-8pm at Fairview Hospital beginning January 6th, 2016



**Fairview
Hospital**

BERKSHIRE HEALTH SYSTEMS

29 Lewis Avenue
Great Barrington, MA 01230-1796
(413) 528-0790

Contact: Cheryl Thomson, CRI Team Lead

Telephone: (413) 854-9608

Email: cthomson1@bhs1.org

CANYON RANCH *Institute*

THE POWER & POSSIBILITY OF A HEALTHY WORLD