

Muddy Brook



ELEMENTARY

a community of learners

Be Kind

Be Responsible

Work Hard

Dear Families,

This is to wish you a safe and Happy Halloween. Many students wrote and shared spectacularly spooky stories this week. Please do read the attached letter about our annual Thanksgiving For All project and also our holiday gift drive.

Enjoy the beautiful weekend,

Mary Berle, Principal

MONDAY, November 2

8:00-8:30 a.m.

Chess Club

12:00-1:00 p.m.

Magic Club



TUESDAY, November 3

NO SCHOOL - Professional Development Day for staff

WEDNESDAY, November 4

8:00-9:00 a.m.

School Council

8:00-8:30 a.m.

Chess Club

10:30-11:00 a.m.

Evacuation/Fire Drill

5:00-7:00 p.m.

7th & 8th Grade Golden Knights Try outs (gym)

THURSDAY, November 5

8:00-8:30 a.m.

Ukulele Club

7:00 p.m.

School Committee-MMRHS

FRIDAY, November 6

PICTURE MAKE UP DAY

YOLK Project - Eggs for Sale

8:00-8:30 a.m.

Unicycling

9:15-9:45 a.m.

All School

**HAPPY
HALLOWEEN!**

Thanksgiving For All! - 2015



Dear Muddy Brook Families,

The Thanksgiving break is rapidly approaching. It is a time of year where we celebrate and give thanks to those closest to us. We also know that Thanksgiving can be a challenge for some families and individuals.

Again this year, our school is working on a community service project to support families who could use a little help this Thanksgiving. It is our intent to have each class fill a food box with grocery items to make a Thanksgiving meal. This might be a can of cranberry sauce, a butternut squash, or a gift card for a turkey. We cannot accept actual turkeys. Also, financial donations are welcome and can be shared directly with the classroom teacher or with the front office. We will use these contributions to purchase turkeys and additional food. The deadline for adding to the boxes would be **Friday, November 20th**.

We would love your help in supporting the project. As you shop with your children, locate something (no matter how small) that would enhance the meal. Think everything from paper goods, potatoes, canned products, spices, stuffing, any of all the traditional Thanksgiving items.

PLEASE do not feel obligated if this presents a hardship for your family. We will *all* be participating in class as we plan on making decorative items to contribute.

We look forward to making a difference in someone's life as we continue to learn the attributes of being kind, being responsible, and working hard.

Please reach out to the front office if you or your family would like to request a Thanksgiving box from Muddy Brook. The boxes will be ready to be picked up on **Tuesday, November 24th** here at school. If you are unable to pick up the box, we will have staff members available to deliver after school that day.

This year, the PTA is also running a holiday gift drive for children of Muddy Brook families. If your family would like to receive gifts, please fill out the online form here: <http://goo.gl/forms/6lOgpx0Ciw>. Your request will be completely confidential. Please submit requests **by Nov. 13**. Our PTA hopes to help every child have a peaceful holiday.

Sincerely,

Mary A. Berle, Principal
Muddy Brook Elementary



Be Kind Be Responsible Work Hard



Muddy Brook Specialist Learning Link

Orchestra Outlook by Mrs. Moran

The halls of Muddy Brook are filled with the sounds of music being practiced in the early hours before school. Beginning String students are working hard to learn the proper skills using the bow as well as reading the notes written on a staff. As the weather gets colder here are a few tips to keep your string instrument in good shape.

- Always keep your instrument in a warm room. Cold and dry air help the strings to get out of tune.
- Never leave the instrument in the car overnight.
- Always loosen the bow before putting it away.
- To tighten, turn to the right. To loosen, turn to the left. Right tighty... lefty loosey.
- Don't use your bow to sword fight.
- Keep your instrument safe in its case on the bus and in the car.
- If a string breaks, you may purchase a replacement through *Gerry's Music* or at our local Music Store

Students should be developing good practice skills. 15-20 minutes of practice most days is a good expectation. Advanced students should aim for 20-30 minutes as they have more songs to learn and practice. Parents should provide a quiet safe place for practicing. Sitting or standing, a music stand makes it easier to maintain proper posture. Advanced students will get the chance to perform at our Veteran's Day breakfast on November 10th.

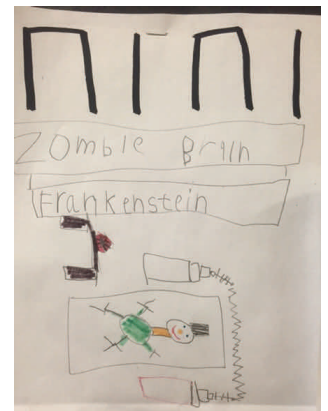
Mrs. Moran's Kindergarten classes are having fun using the Orff instruments to enhance our fall songs. They are also learning about beat and steady beat. Students are walking, clapping, marching and using instruments to keep the beat steady as we learn and sing songs of the season.

Music Room Update by Mrs. Chirichella

Grades Pre-K, EK, K, 1 General Music Classes

I am having so much fun getting to know your children in these classes! What beautiful voices and love of music they already demonstrate!

We have had fun finding the "Fox Hunt" characters, while listening to the Four Seasons, by Vivaldi. We are learning to play heartbeats and new instruments. We play musical instrument BINGO to aurally and visually identify traditional instruments. We have created SPOOKY rhythm patterns, such as this one →



A DATE TO PLEASE " TAKE NOTE " OF: Wednesday, Dec 2, 2015—Our winter concert!!!! Please watch for more detailed information to come home with your child soon!

Physical Education Learning Link

During the month of November we will be spending a lot of time outdoors.

Please remind your children to:



- Wear appropriate shoes and socks for outdoor walking.
- Dress in layers.
- To help prevent ticks, wear long sleeves and pants.

PK – 1st Grade - These classes will begin to work on throwing skills and stepping with their OPPOSITE foot. We will start to introduce different pieces of equipment such as balls, paddles, scoops and hula hoops for the children to use in station work.

2nd Grade – Will also be practicing their throwing skills then using these skills in big group games. They will also be incorporating different types of equipment in station work.

3rd and 4th Grade will be starting our very popular unit – Archery! We start our Archery unit in 3rd grade and it is very exciting. We set up an archery range on the front soccer field and use hay bales as targets. Students chart their shot arrows on a paper with a bulls-eye which represents the hay bale at which they are aiming. This is a great way for the kids to work on their fine motor skills, upper body strength, hand-eye coordination and accuracy.



MBE FAMILY HIKE DAY

On Wednesday, November 11th we invite students and their families to join Mrs. Pleu and Mrs. Soule for a hike of Laura's Tower trail in Stockbridge. The tower climb involves a series of switchbacks that skirt the mountainside and rise 600 hundred feet in elevation. It's a moderate out-and-back hike of 1.4 miles which offers breathtaking views of the beautiful Berkshires!

We will meet at the playground in Stockbridge and will begin hiking at 10:30 a.m. There is on-street parking as well as parking available at the town offices.

Rain will cancel this event

This is an informal opportunity to build our MBE community through a healthy, fun activity.

☺☺COME JOIN US, Mrs. Pleu and Mrs. Soule ☺☺

Dear Families,

The Technology lab is a "twitter" with new classes are learning to be consciences digital digital media to explore, connect, create, and students have extraordinary opportunities, and issues underscore the need for students to learn digital literacy and citizenship skills.



learning! First, Second, third, and fourth grade citizens. Our students are using the power of learn in amazing new ways. With this power, yet face many new challenges as well. These

Throughout the year students will learn to think critically, behave safely, and participate responsibly in our digital world. We will focus on internet safety, privacy and security, information literacy, and relationships and communication. Currently we are focusing on internet safety.



Remember Lexia???? Lexia is a comprehensive, technology-based reading program providing structured, sequential, scaffolded instruction covering six areas of reading: phonological awareness, phonics, structural analysis, automaticity/fluency, vocabulary, and comprehension.

All students in 1st, 2nd, 3rd, and 4th grade have logged on to Lexia, and new students have completed their placement tests. They are now ready to use this program both at school and at home. Families can access the web-based version at www.lexiacore5.com or an app is available in the iTunes App Store at www.lexialearning.com/core5ipad.

Students in kindergarten are in the process of getting started and should be ready to access Lexia at home soon. Please keep your eyes out for a letter from your child's teacher with home log in information.

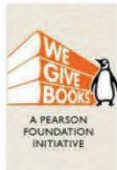
Looking for a new educational site for your kids?

Your children may be talking about...

<http://kids.sandiegozoo.org>

The San Diego Zoo has a kid-directed site of animal photographs, slide shows, games and live "animal cams" of the residents of the San Diego Zoo in San Diego, California.

Sites That Help Kids Do Good!



www.wegivebooks.org

Ages 3+

We Give Books is an educational site that not only allows children to read for free, but also supports worldwide charities. Members can pick from a variety of organizations that they want to donate to, and each time they read a book, the site in turn donates a book to that charity.



www.freerice.org

Age 8+

For every correct answer to this site's endless quiz, ten grains of rice are donated to the UN World Food Program.

If you have any questions or need help with any programs, such as Lexia, please feel free to contact me at erin.candee@bhrs.org

Enjoy!

Mrs. Candee

Notes from the Music Room by Mr. Gillespie

October was an exciting month in the music room!

2nd graders moved beyond learning songs by rote to learning by reading. They also continued their exploration of the woodwind family of instruments. Finally, each 2nd grade class will be learned to play "Rhythm Knockout", a rhythm game that encourages echoing and creating rhythm patterns.

The 3rd and 4th grade students were in composition mode! Keep an eye out as they bring home their final compositions. Keep it! You never know who will be the next Beethoven!

The Band program is off and running. Make sure your son/daughter is practicing 100 minutes a week and filling out the practice chart in the front of the book. Who's going to take the early lead in the "Band Practice Challenge"?!

In November all 2nd, 3rd and 4th grade students will be working on their Winter Concert music. As they start to memorize some of these songs, maybe you'll hear some singing around the house! The 2nd Grade Concert, on December 10th at 2:00pm, is "A Pocketful of Dreams." The 3rd and 4th grade concert (Dec. 17 at 1:00) will include the musical, "The Granny Awards."

From Cover to Cover - Library News by Mrs. Melville

Welcome to the new MBE library! Your returning Library Media Specialist has been working hard at the most important thing she can do right now, establishing trusting relationships with all 350 MBE students. I look forward to meeting you as well and hope you'll engage in conversation with me about what MBE students are reading and why.

Our library is a busy people place. 22 classes a week visit, take out books and participate in lessons meant to grow appreciation for the knowledge and pleasure great books impart.

I'm discovering what type of readers your children are. I'm busy learning about how kids feel about different genres. I'm challenging kids to think about what they're reading and share their ideas with each other. I'm asking questions and listening to what kids say about reading. I'm teaching our students how to look for just right books for themselves and make good choices on their own. I'm sharing my passion for great books and great illustrators of ALL kinds of books. I'm encouraging discussion about the books we read.

Some families and members of the PTA have stepped up to help me with a variety of jobs in the library. We are so grateful for this help. At this point the most important help I seek is assistance with shelving some of the nearly 1,000 books that get circulated every week! PLEASE let me know if you can join the library volunteer corps to help!

Many thanks for your purchases at the October Scholastic Book Fair. This fund-raiser provides us with extra purchasing power for more library books and materials. So many people volunteered their time to make this happen. Thank you all so much.

Greetings from the Art Studio by Ms. Benton

Muddy Brook artists are working hard developing their skills and abilities to problem solve as they make their art. Students have become experts at following our art studio classroom routines (although clean up and transitions are always a work in progress J). Studio centers with drawing, painting, collage, and the supply center for tools and materials are open. Earth clay, printmaking and the fiber arts centers are slow to open this year as artists are busy and engaged in other media and projects. We also have many required art tasks happening in the studio at this time too. Students are contributing to a time capsule that will be buried under the old church on Main Street, Great Barrington on Saturday at noon. Feel free to come out and join the festivities.



1st Graders work on drawings for the time capsule.



Candy (4M) works on her structure which started with flat

Grades 3 and 4 have the choice of making an entry for Senator Ben Downing's holiday card. The winning card will go out to 3,500 colleagues and constituents. All other entries will be used to decorate the senator's offices.

Student artists are creating clay vessels as a grade level for the PTA auction that is coming up. Each child is contributing to the pots, so each one will be unique! Our PTA does so much for our students- please consider bidding on a pot or two.

Pre K, E K, Aloha, and Kindergarten are working with art skills and creating artist books with their experiments. The books are an ongoing project and serve as a wonderful way to collect art explorations. We've started our clay unit and artists are investigating clay in many ways! First graders are working on reflection as their big idea. Learning to think and talk about art-work and the process of making it and to judge the success of artwork is thought provoking

and difficult work.

Second graders are connecting to their science work in the classroom with our "Invent an Insect" unit. Beautiful bugs are taking shape in the studio! Attaching meaningful specialized area work to meaningful classwork is an important teaching goal at Muddy Brook. It is wonderful to see students exploring big questions and cementing their knowledge as they connect subjects and disciplines.



Dylan carefully glazes his invented insect. This unit combines science and art in authentic ways to propel all learners.



Evan and Gavin explore earth clay in the art studio.

Third and fourth grade artists are all finishing up a unit where they were following their own unique artistic interests after skill building mini lessons in the studio. We are on to earth clay and fiber arts and fitting prop design for the big musical in next.

Learning through the artistic lens is a powerful way for your child to engage and approach their world. Please encourage art play at home! Drawing, building, inventing, painting and crafting are wonderful ways to have fun, persevere through difficult problems, and build thinking and fine motor skills at the same time!

Artfully Yours,
Ms. Benton

Follow our art adventures on twitter @AliTeachesArt and check out our art studio on the web <https://sites.google.com/a/bhrsdonline.org/muddy-brook-art-studio/>

Muddy Brook Regional Elementary School – Lunch Menu for November 2015
Mass Farm to Schools Harvest of the month for November – KALE



Additional Lunch Choices
 available daily include:
 Salad Entrée,

Fresh Deli Sandwiches,
 Fruit & Yogurt Parfait
 Or PBJ

Tues/Thurs – Barilla Whole
 Grain Pasta

ALL Lunches include an
8 oz. 1% Low Fat Milk
or Fat Free Chocolate Milk

ALL Lunches include Fresh
Fruits and Vegetables

ALL Pastas, Breads & Rolls
are Whole Grain or Whole
Wheat

~ November 2015 ~							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 End of Daylight Savings Time 	2 Turkey Burgers Kale Chips 	3 No School – Full Day In-Service Election Day	4 Salisbury Steak Mashed Potatoes w/Gravy	5 WG Pasta Bar w/Marinara, Meat or Alfredo Sauce	6 Popcorn Chicken Sweet Potato Fries	7	
8	9 Philly Cheese Steak Sandwich Oven Fries	10 Chicken or Eggplant Parm WG Pasta	11 No School Veterans Day Holiday	12 Ham & Cheese Grinder	13 Stuffed Crust Pizza Fresh Kale Salad 	14	
15	16 Chicken Patty Sandwich Smiley Fries	17 Meatball Grinder	18 Marinated Chicken Breast Kale & Bean Soup 	19 Fish Sandwich	20 Half Day of School No Lunch Served	21	
22	23 Upside Down Day Cereal & Yogurt	24 All-Beef Hot Dog	25 Happy Thanksgiving	26 Happy Thanksgiving	27 Happy Thanksgiving	28	
29	30 Cheese Pizza						

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesculin Greens & Chickpeas

If you have questions regarding the Food Service Department: Menu, On-line Payment Info, Free & Reduced Meal Benefits, Allergy concerns or any issues please contact -

KATHY SULLIVAN – Director of Food Service

(413)644-2325 or (855)255-8666 or kathy.sullivan@bhrs.org

11th Annual Fairview Hospital

MONSTER

DASH



Saturday October 31, 2015

Start 9:30am.

Race Day Registration 8-9:20am.

**PROCEEDS TO BENEFIT
THE PEOPLE'S PANTRY IN
GREAT BARRINGTON**

A BOX WILL BE SET UP FOR PARTICIPANTS TO
DONATE NON-PERISHABLE FOOD ITEMS

START:
Fairview Hospital Outpatient Rehabilitation Building
(previously Condor Chevrolet Building)
10 Maple Avenue, Great Barrington, MA

PRIZES:
1st M and F 5k finishers receive prize from Berkshire
Running Center; 1st 3 M & F 5k in following age groups: 19
and under, 20-29, 30-39, 40-49, 50-59 and 60+
Costume contest

ENTRY FORM

5k Run 5k Walk 1 Mile Walk

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
DOB: _____ Age on race day: _____
Email: _____ Donation: _____
Female Male

Mail completed registration form & payment to: Berkshire Running Center 42 Summer St. Pittsfield, MA 01201 or register online at www.berkshirerunningcenter.com

Registration fees: 5k Run/Walk -\$20 pre-registration by 10/28/15; \$25 day of race; 1M Walk -\$7/person or family max of \$20. Long sleeve Tech Shirts to first 60 5k entrants.

In consideration of this entry being accepted, I do hereby forever waive and release all rights and claims for damages I might have against Fairview Hospital, Berkshire Health Systems, SBVA, the town of Great Barrington, and officials, volunteers or sponsors of this race, their representatives, assessors and assigns for all injuries, illness or property loss suffered by me while competing in the race on October 25, 2014. I attest and verify that I am physically fit and have trained for the completion of this race. I understand that the course will be open to normal traffic during the race and I assume responsibility for my own safety. I also grant permission for the use of my name and/or picture in any broadcast, photograph, or other account of this event.

Signature: _____

Date: _____

SPONSORED BY: Fairview Hospital Recreation Association
CO-SPONSORED BY: Fairview Hospital Rehabilitation Services • Bartlett's Orchard • Catherine's
Chocolate Shop • Taft Farms • Coffee Pause • Price Chopper • Big Y
Timing provided by Berkshire Running Center

Dear Parents and Caregivers,

In response to the success of flu clinics in the schools during the last 6 flu seasons, Fairview Hospital, the Berkshire Public Health Alliance and the Massachusetts Department of Public Health (DPH), are once again sponsoring free influenza vaccinations. These clinics are offered at no charge and are open to the general public. Updated recommendations from the Center for Disease Control (CDC) now recommend flu vaccination (the shot or nasal spray) for everyone 6 months of age or older.

A clinic will be held at **Monument Valley Regional Middle School** on **Wednesday November 4th**. The clinic will be open to families and the general public from 3 pm - 7 pm. Consent forms will be available at the school's website www.bhrsd.org. All minors are required to have a signed parental consent.

Vaccine will be available in two forms, injectable and nasal spray. Both forms include protection from H1N1, H3N2, as well as two other strains of influenza. The injectable vaccine (shot) is appropriate for all people ages 6 months and older. The nasal spray is recommended for healthy people ages 2 - 49.

All vaccinations will be free and given to everyone regardless of insurance status. If you have health insurance, please bring your card. We bill health insurance companies for the administration of the vaccine in an effort to make this project financially self-sustaining and allow us to continue to offer this service to the community.

If you have any questions, please feel free to call Heather Barbieri, Clinic Coordinator, at (413) 854-9635.

2015- 2016 INFLUENZA VACCINE CONSENT AND SCREENING FORM
Injectable (Flu Shot) or Nasal Spray Flu Vaccine

Information about the person to receive vaccine (please print):

Name: (Last, First, MI)			Date of birth:	Age	Sex: (Circle)
			____ / ____ / ____		Male Female
Street Address:					
City:	State:	Zip:	Phone:		
			()		

Insurance Information: *Include the whole member ID number and any letters that are part of that number*

Name of Insurance Company:*	Member ID Number:*	Group ID Number: (if available)


If person getting vaccinated is not the subscriber, please complete the following:

Subscriber's Name: (Last, First, MI)*			Subscriber's Date of Birth: *	Sex: (Circle)*
			____ / ____ / ____	Male Female
Subscriber's Street Address: * (if different from address above)				
City:*	State:*	Zip: *	Phone:*	
			()	
Patient Relationship to Subscriber: (Circle)* Spouse Child Other				

I GIVE CONSENT for me / my child named at the top of this form to get vaccinated with this vaccine. I have read or had explained to me the 2015-2016 Vaccine Information Statement for the influenza vaccine and understand the risks and benefits.

___ Injectable only ___ Nasal mist only ___ Either injectable or nasal mist

I give consent for my insurance company to be billed if insurance information is entered above.

 X _____ Date: _____
 (Signature of patient, parent or legal guardian)

For children 18 years of age and younger:

To help us determine if your child is eligible to receive vaccines from the Vaccines for Children Program, please check one of the boxes below. Your child will receive flu vaccine whether or not they are eligible.

- My child is enrolled in Medicaid (includes MassHealth and HMOs, etc., if enrolled through Medicaid)
- My child does not have health insurance
- My child is American Indian (Native American) or Alaska Native
- My child has health insurance and is not American Indian (Native American) or Alaska Native

For Clinic/Office Use Only:

Date vax given:	Vax Type	Vax Manufacturer	Exp. Date/ Lot No	Dose	State Suppl-ied	Preserv Free	Injection Route (Circle)	Injection Site (Circle)	Date On VIS	Date VIS given
					Yes No	Yes No	IM	R Arm L Arm R Leg L Leg	08/07/15	
	LAIV4			0.2 ml	Yes No	N/A	Intranasal	N/A	08/07/15	

Clinic Site Name: Berkshire County Boards of Health Association

MDPH Provider PIN#: 11340

Clinic Address: 1 Fenn St, Suite 302, Pittsfield, MA 01201

Signature of Vaccine Administrator: _____ Date: _____

Screening for *Injectable (Flu Shot) or Nasal Spray Vaccines*

Answering these questions will help us to know which type of flu vaccine your child should get and whether your child should get 0, 1 or 2 doses of flu vaccine. If the person receiving vaccine is not a child, skip to section 2.

Section 1: Information to determine if your child should receive 0, 1 or 2 doses of flu vaccine

If your child is 9 years old or older, go to Section 2 below.

If your child is 8 years old or younger, answer the other questions in this box.

1. Did your child receive 1 or more doses between July 1, 2014 and June 30, 2015? Yes No
 2. If no, did your child receive 2 or more doses between July 1, 2010 and June 30, 2014? Yes No
 3. Has your child received flu vaccine this flu season (since July 1, 2015)? **No** **If no, go to Section 2** **Yes**
If yes, please tell us the number of doses and dates of vaccination. 1 dose 2 doses
- Dose 1:** Date received: month ____ day ____ 2015 **Dose 2:** Date received: month ____ day ____ 2015

Section 2: Information to determine whether the person receiving vaccine should receive the 2015-2016 flu vaccine.

A. Please check YES or NO for each question.

	NO	YES
1. Does the person receiving vaccine have a problem eating eggs?		
2. Does the person receiving the vaccine have an allergy to gentamicin, neomycin, polymixin or gelatin?		
3. Has the person receiving vaccine ever had a serious reaction to a flu vaccine in the past?		
4. Has the person receiving vaccine ever had Guillain-Barré Syndrome (a type of temporary severe muscle weakness) within 6 weeks after receiving a flu vaccine?		

B. There are several kinds of flu vaccine available. Your answers to the following questions will help us decide whether the nasal spray (live vaccine) is appropriate. **If you are 50 or older you may skip this section.**

	NO	YES
1. Has the person receiving vaccine received any vaccine (not just flu) within the past 30 days? Vaccine: _____ Date given: month ____ day ____ year ____		
2. Does the person receiving vaccine have asthma?		
3. Does the person receiving vaccine have diabetes (or other type of metabolic disease), or disease of the lungs, heart, kidneys, liver, nerves, or blood?		
3. If the person receiving vaccine is younger than 5 years old, has a healthcare provider told you that your child had wheezing or asthma within the last 12 months?		
4. Does the person receiving vaccine take aspirin or aspirin-containing medicine every day?		
5. Is the person receiving vaccine receiving antiviral medications?		
6. Does the person receiving vaccine have a weak immune system (from HIV, cancer, or medicines such as steroids or those used to treat cancer)?		
7. Is the person receiving vaccine pregnant?		
8. Does the person receiving vaccine have close contact with a person who needs care in a protected environment (for example, someone who has recently had a bone marrow transplant)?		

MIIS Policy: Massachusetts law (M.G.L. c. 111, Section 24M) requires providers to report immunization information to computerized immunization registry known as the Massachusetts Immunization Information System (MIIS). The MIIS stores immunization records for you and your healthcare provider and can help prevent outbreaks of disease like measles and the flu. All information in the MIIS is kept secure and confidential. The MIIS allows information to be shared with health care providers, school nurses, local boards of health, and state agencies concerned with immunization. You have the right to object to the sharing of your immunization information across providers in the MIIS. For more information, please ask your healthcare provider, visit the MIIS website at www.mass.gov/dph/miis or contact the Massachusetts Immunization Program directly at 617-983-6800 or 888-658-2850.



HAUNTED HOUSE

TRICKS & TREATS • KID FRIENDLY • LOTS OF FUN FOR ALL!
DONATIONS ACCEPTED • COME IN COSTUME!



OCTOBER 30 & 31

5:00-9:00

Located at the
Stockbridge Grange
Rt. 102 (CHURCH STREET)



CONTACT REBECCA NAMISLO WITH QUESTIONS 298-3236

Free Event in Great Barrington:

How to Unlock the Power of Our Farms, Forests and Gardens to Grow Healthy Food, Slow Climate Change and Save the Planet

How can backyard gardens, woodlands and local farms play positive roles in slowing climate change, restoring the environment and building a resilient economy? That question and more will be answered when Berkshire Co-op Market and the Great Barrington Agricultural Commission present noted ecological designer, holistic farm planner, and educator, Connor Stedman, at the Mahaiwe Theater in Great Barrington on Saturday, November 7th at 7:00pm.

Based in the Hudson River Valley of New York, Stedman is a lead designer with AppleSeed Permaculture LLC, where he specializes in regenerative carbon-sequestering agriculture, agroforestry and land management systems. Connor has led participatory projects analyzing and designing multi-functional working landscapes from backyards to 300-acre farms. His clients have included Glynwood, Vermont Land Trust, Vermont River Conservancy, and a wide range of farms and private property owners across the Northeast.

As an educator, Connor is lead faculty for the Omega Institute's Ecological Literacy Immersion Program and associate faculty for the University of Vermont's newly launched Leadership for Sustainability program. In addition, he is a lead facilitator for week-long Art of Mentoring trainings held across North America, and an organizer for the Greenhorns, a national non-profit dedicated to recruiting, promoting, and supporting young farmers. Connor holds an M.S. in Ecological Planning from the University of Vermont and is an avid seed saver and naturalist.

The talk, titled *Gardening to Save the World*, will be preceded by Berkshire Co-op Market's Annual Meeting of Co-op Owners which starts at 5:30. "Normally we would bring in a keynote speaker who would speak to our owners at a closed meeting." Said Matthew Novik, the Co-op's Communications Manager. "This year, however, we are thrilled to be joining efforts with the Ag Com and opening our event up to our friends and neighbors."

The event is free to anyone who wants to attend. Co-op member-owners are invited to attend the annual meeting and get priority seating. Other community members will be welcomed into the theater at ten minutes of seven. Seats are first come, first serve. For more information, please contact Berkshire Co-op Market at community@berkshire.coop

About The Great Barrington Agricultural Commission: Great Barrington Agricultural Commission is an advisory board dedicated to promoting resilient agricultural-based opportunities throughout our town. The Commission encourages nature-inspired practices to grow healthy food and to ensure the long-term ecological viability and prosperity of local agriculture. We welcome participation of farmers, schools, and community members in our educational efforts to help our land and people thrive.

About Berkshire Co-op Market: Berkshire Co-op Market is a cooperatively owned natural food store that is open to all and specializes in high-quality organic and local foods. The Co-op is dedicated to building a healthy and sustainable community by creating a shopping choice that offers exceptional food, environmentally and socially responsible business practices, and dynamic, long-term, meaningful community engagement.