

# MBE Community News

FEBRUARY 27, 2015

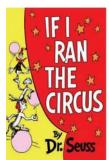
### Upcoming Events

Monday, 3/2
Read-a-Thon
Starts!
Readers will be
joining us here
at MBE
throughout the
week.

Tuesday, 3/3 Last Day of Ski Butternut

Thursday, 3/5 1st & 2nd Grade Field Trip to Mahaiwe

Tuesday, 3/10 Family Literacy Night Dear Muddy Brook Families:



It's with great excitement that we are preparing for our 4<sup>th</sup> annual FAMILY LITERACY NIGHT! We hope you will join us on the evening of March 10<sup>th</sup>, from 5:30-8:00pm for a truly unforgettable experience. This year, our theme is one of PERSEVERANCE and SHARING OUR STORIES. Please plan to **come as a family** and expect to **remain as a family** as you circle through different stations. By doing this, we hope to encourage some quality conversations and some great story-telling. Just as importantly, we hope to demonstrate to students that listening to the voices of others is an act of love.

You can expect the following events:

- ♦ Reader's Theater for Families
- ♦ Favorite Book/Poetry Share
- ♦ Read-A-Thon kick-off
- ♦ Story-telling & listening to stories through Story Kitchen and Story Circles
- ♦ Early Literacy Activities for 0-4 year olds
- Open Mic Spaces for storytelling/reading
- ♦ "The Process of Publication"
- Conversation rooms with word games and story-telling prompts
- ♦ Book Swap: Bring a book, take a book!
- ♦ Computer Lab: Learn how to use Lexia
- Our very own MUDDY BROOK CIRCUS in the gym!
- Light snacks and drinks in the cafeteria

Please note that specific circus and snack times will be assigned to your family. Siblings will be in the same circus so that all members of a family can stay together throughout the evening. We will communicate these times next week.

In preparation for this event, students will be reading the book Mirette on the High Wire, by Emily Arnold McCully. This is a story of dreaming big, conquering fears and PERSERVERING. Please join us in celebrating these themes!

"In the beginning everyone falls...don't give up... Keep your eyes on the wire, and of crossing to the end."

We look forward to a wonderful family evening! The Literacy Night Committee



### Save the Pate!

### Family Literacy Night

Tuesday, March 10, 2015 5:30-8:00 PM



### Seeking Volunteers!



Dear Families and Community Members,

Muddy Brook will celebrate "Read Across America" the week of March 2-6. We are inviting community members to volunteer to read a book to a class. We believe your presence will inspire students and their love of reading. Additionally our goal is for students to feel connected within our larger community. We welcome conversations with students about your work, special interests, and the value of reading in your life.

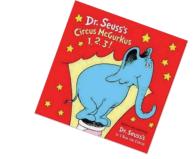
The choice of reading material is up to you. You may bring a book or ask the classroom teacher you are working with to suggest one. You may read an entire book, a short story, favorite poem, or selections from a longer book.

Please contact the office to sign up, and ask questions. We look forward to having you

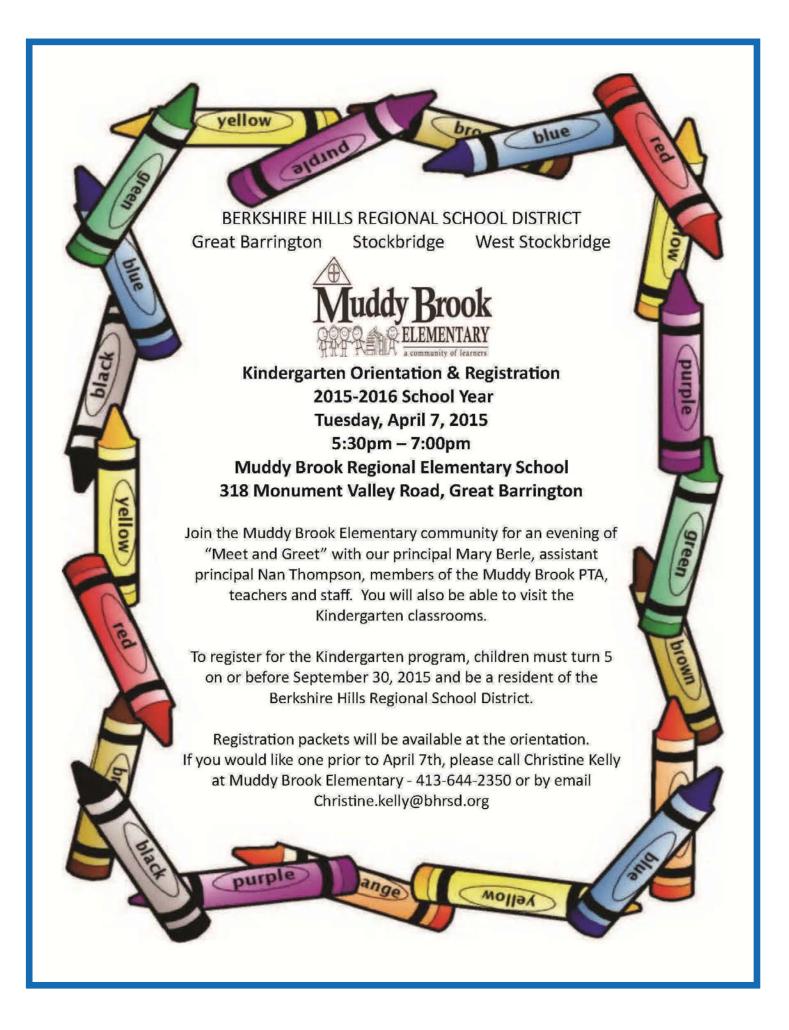
come read with us.

Sincerely,

Mary A. Berle Principal







# Muddy Brook Regional Elementary School - Lunch Menu - March 2015

# ALTERNATE LUNCH CHOICES INCLUDE: Salad Entrée, Fresh Deli Sandwich, Fruit & Yogurt Parfait or Peanut Butter & Jelly Sandwich

All lunches include an 8 oz 1% Low Fat or Fat Free Chocolate Milk

REDUCED LUNCH \$0.40

& Thursday** - ALTERNATE LUNCH CHOICE - Pasta Entrée - Barilla Whole Grain	
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**LUNCH \$2.25** 

Mon. Mar. 2nd	Tues. Mar. 3rd	Wed. Mar. 4th	Thurs, Mar. 5th	Fri. Mar. 6th
Popcorn Chicken	Meatball Grinder	Baked Ziti	Fish Sticks	Cheese Pizza
Sweet Potato Fries	Fresh/Canned Fruit or Juice	WW Dinner Roll	Oven Fries	Mesculin Greens
Fresh/Canned Fruit or Juice	Fresh Raw Veggies	Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice
Fresh Raw Veggies		Fresh Raw Veggies	Fresh Raw Veggies	Fresh Raw Veggies
Mon. Mar. 9th	Tues. Mar. 10th	Wed. Mar. 11th	Thurs. Mar. 12th	Fri. Mar. 13th
Chicken Patty Sandwich	Clam Roll	Marinated Breast of Chicken	Pasta & Meatballs	
Tater Tots	Sweet Potato Fries	Long Grain Rice	Fresh/Canned Fruit or Juice	Full Day In-Service
Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice	Fresh Raw Veggies	No School
Fresh Raw Veggies	Fresh Raw Veggies	Fresh Raw Veggies		
Mon. Mar. 16th	Tues. Mar. 17th	Wed. Mar. 18th	Thurs. Mar. 19th	Fri . Mar. 20th
All Beef Hot Dog	Ham & Cheese Ginder	Salisbury Steak	Chicken Nuggets	Stuffed Crust Pizza
Chick Pea Salad	Fresh/Canned Fruit or Juice	Mashed Potatoes w/Gravy	Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice
Fresh/Canned Fruit or Juice	Fresh Raw Veggies	Fresh/Canned Fruit or Juice	Fresh Raw Veggies	Fresh Raw Veggies
Fresh Raw Veggies		Fresh Raw Veggies	Fresh Raw Veggies	
Mon. Mar. 23rd	Tues. Mar. 24th	Wed. Mar. 25th	Thurs. Mar. 26th	Fri. Mar. 27th
Philly Cheese Steak Sandwich	Chicken or Eggplant Parmesan	Beef Tacos	Upside Down Day	
Smiley Fries	WG Pasta	Rice	French Toast & Yogurt	Half Day In-Service
Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice	No Lunch Served
Fresh Raw Veggies	Fresh Raw Veggies	Fresh Raw Veggies	Fresh Raw Veggies	
Mon. Mar. 30th	Tues. Mar. 31st			
Hamburger/Cheeseburger	Turkey & Cheese Grinder			
Oven Fries	Carrot Sticks			
Fresh/Canned Fruit or Juice	Fresh/Canned Fruit or Juice			
Fresh Raw Veggies	Fresh Raw Veggies			

# FRESH FRUIT AND VEGETABLE CHOICES VARY DAILY

FRESH RAW VEGGIES INCLUDE: Broccoli, Cauliflower, Carrots, Celery, Cucumbers, Tomatoes, Peppers, Chickpeas FRESH FRUITS INCLUDE: Apples, Strawberries, Oranges, Bananas, Pineapple, Cantaloupe, Watermelon, Pears ALL PASTAS, BREADS & ROLLS ARE WHOLE GRAIN or WHOLE WHEAT



## Every CHKLD Ready to READ

Help your child develop pre-reading skills that will help them be ready to read in school.

This is a <u>FREE</u> 5 week series for families with young children that includes a literacy workshop, story time and playgroup all in one!

Each family will receive:

- · Picture books
- · A book bag
- · Helpful information & resources.



For: Parents/caregivers and their child(ren) ages birth

through five

Dates: 5 Fridays

March 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> & April 3rd \*You must register for the full five week session.

Time: 10:30-11:30am

Location: Ramsdell Library, 1087 Main Street, Housatonic

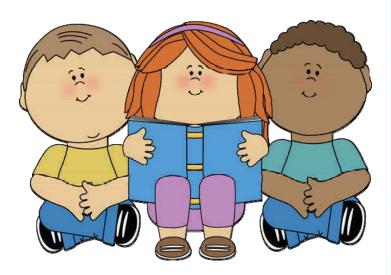
\*Registration required....call 413-274-3738 or sign up at the main desk.







### Learning to read begins at birth.







South Berkshire Kids & CHP Family Network presents



### PARENT WORKSHOP

Location: Community Health Programs, Inc. campus 444 Stockbridge Road, Great Barrington

Workshops held in the community room of the Administrative offices

Pre-registered childcare held in the Family Services building playroom\*

Registration appreciated, 413-464-5095 or southberk shire kids@gmail.com

### Jeanine Fitzgerald presents a 2 part workshop on "Parenting with Insight"

As we prepare for the birth of a child, a new alliance has formed.
We become the child's partner and coach in the process of development. Our first most important gift to our child is love.
The second is discipline, yet it is a topic that raises many questions. This two part series is designed to address those questions in a way that respects each family's unique history, values and perspectives.

### May 20" & May 27", 2015 6:30pm-8:00pm

Attend one or both sessions.

Parts: Why Do They Do That? Children's behavior can challenge us in a myriad of ways. When our primary goal with children is to help them grow rather than just to "stop that disturbing behavior," it becomes important to address the causes of their behavior. This session looks at those causes because when we take the time to explore them, we're more apt to reduce our own sense of frustration and become more effective at responding.

\*Childcare is available but space is limited & pre-registration <u>must be confirmed</u> by calling Jessica @ 413-464-5095 or southberts thire kids@gmail.com

This series is funded by the Department of Early Education & Care www.SouthBerkshireKids.org



### Lee Youth

### LACROSSE

### We Have 3 Teams for the 2015 Season!\*

3rd/4th, 5th/6th and 7th/8th Grade
Boys and Girls

**Season Starts:** Beginning of April (weather permitting)

### **Equipment Provided by Player:**

- Helmet (black)
- Stick Shoulder Pads
- Arm Guards
- Gloves

### Suggested/Optional Equipment Retailers:

Comlax.com

Reynold's Team Sales - Pittsfield Dick's Sporting Goods

### Registration Fee: \$150.00 (includes)

\$50 Raffle Ticket Fundraiser (Pre-Paid)
 (please bring proof of registration to sign up)

### Required:

Registration with US Lacrosse (\$25 through USLacrosse.com)
(please bring proof of registration to sign up)

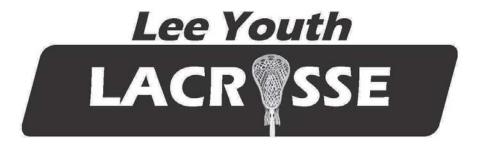
### Sign Up:

Wednesday, February 25th, 5:30-7pm at Cintas Corporation 481 Pleasant Street, Lee, MA (same building as Berkshire Record Outlet)

### For more information, please e-mail .

<u>LeeYouthLacrosse@hotmail.co</u>m

\* Open to 3rd through 8th grade players in Lee, Lenox, Great Barrington, Otis and surrounding areas.



### **Registration Form**

Player First Name:	Player L	ast Name:				
Name of person filling out form:		Relationship to Player:				
Mailing Address:						
City:	State:	Zip:				
Home Phone:	Cell Phone:	E-mail:				
Gender: Male	Female	Date of Birth:				
School:	Grad	de:				
US Lacrosse Number:	Shirt Size:					
Emergency Contact/Phone Num	ber:					
Medical or other information we should know about your child:						
I/We, the parents/guardians of the above participant in Lee Youth Lacrosse, hereby give my/our approval to participate in any and all Lee Youth Lacrosse activities, including transportation to and from the activities.  I/We know that participation in lacrosse may result in serious injuries and protective equipment does not prevent all injuries to players, and do hereby waive, release, absolve, indemnify and agree to hold harmless the Lee Youth Lacrosse Association, the organizers, sponsors, supervisors, participants and persons transporting my/our child to and from activities for any claim arising out of any injury to my/our child whether the result of negligence or for any other cause.  I/We agree to return upon request the uniform and other equipment issued to my/our child in as good condition as when it was received except for normal wear and tear.  I/We agree to uphold the Code of Conduct and agree to the discipline listed on it. We will show good sportsmanship while watching games and encourage the applicant to do so on the field.						
Signature:		Date:				
Method of Payment: Cash	Check Nur	nber:				

# Mason Library Family Program FAMILY ASTRONOMY

### WITH RICK COSTELLO

Friday March 13 6:15pm-7:45pm Indoor-outdoor program



Are we made of

**Stars?** Rick returns to the library to discuss our cosmic connection to the elements. Choose delicious toppings for your hot chocolate while watching the stars from a super duper-sized telescope! <u>Register</u> with the librarians for your telescope viewing number!

Good for families with children ages 9 & up (Younger siblings can make an outer space craft with parent.)



# GIVE YOUR CHILD A HEAD START FREE PRESCHOOL FOR ELIGIBLE 3 AND 4 YEAR OLDS Southern and Central Berkshire County

### Registrations 2015-2016:

- ⊕ Lee children must be 3 or 4 years old by 10-1-2012. Register on March 4, 2015
   from 6-7 pm at the Lee Elementary School, 310 Greylock St, Lee MA.
- Southern Berkshire children must be 3 or 4 years old on or before 9-1-2012.
  Register on March 11, 2015 from 10-1:00 pm at Muddy Brook Elementary
  School 318 Monument Valley Rd, Gt Barrington, MA.
- Berkshire Hills children must be 3 or 4 years old on or before 9-30-2012.
  Register on March 11, 2015 from 10-1:00 pm at Muddy Brook Elementary
  School 318 Monument Valley Rd, Gt Barrington, MA.
- Central Berkshire children must be 3 or 4 years by 9-1-2012. Register on March
   12, 2015 from 9-12:30 at Becket Washington School, 12 Maple St., Becket, MA.

Developmental screenings will be conducted in Conjunction with the Public Schools for children who are 3 or 4 years old on the date of registration, Bring your child, family

income verification, and the childs immunization records.

All children will be considered.

Home based option is also available.

Head Start offers comprehensive services,

Nutritious meals and transportation.

For more information call 413-445-4167 or Download an application at www.berkhs.org



Come visit us at The School Readiness Fair,

Berkshire Mall , Lanesborough , MA on March 28, 2015(11-2) And on Third Thursdays on North Street in Pittsfield MA (6-8)

# BERKSHIRE THEATRE GROUP

### BTG PLAYS! Berkshire Theatre Group's Year Round Education Program

### **2015 VACATION CLASSES**

Classes focus on: STORYTELLING, IMPROVISATION GAMES, MOVEMENT, ENSEMBLE BUILDING EXERCISES, BACKSTAGE CRAFT and PERFORMANCE

#### **APRIL VACATION CLASSES**

April 20–24, 2015 For students ages 8–12 Classes meet Monday through Friday from 9am–2pm in **Stockbridge, MA** The cost to attend is \$250

### **BTG PLAYS! at THE COLONIAL**

July 13–17, 2015 for students ages 8–11 Classes meet Monday through Friday from 9am–12pm Half day classes at The Colonial Theatre in **Pittsfield, MA** The cost to attend is \$175

### **SUMMERTIME CLASSES**

Session One meets July 20–24, 2015 for ages 7–10
Session Two meets July 27–31, 2015 for ages 9–12
Session Three meets August 3–August 7, 2015 for ages 10–14
Classes meet Monday through Friday from 9am–2pm in
Stockbridge, MA

The cost to attend is \$250 per session

Class sizes limited, please register early. Limited need-based scholarships available through the Richie duPont Award For more information, contact Allison Rachele Bayles at 413-448-8084 ext. 19 or allison@berkshiretheatre.org







Student Name:		Age/Grade:	
Student Name:		Age/Grade:	
School Currently Attendi	ng:		
Parent Contact 1:			
Phone Number:	Alternate Phone:	Email Address:	
Parent Contact 2:			
Mailing Address if differe	ent from above:		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Phone Number:	Alternate Phone:	Email Address:	
Has your child participat	ed in a BTG class or program befor	re? Yes If yes when?	********
☐ April 20-24 (ages 8-	sion(s) your child will be attending: ·12)        July 13–17 at The Colonial ( Two (ages 9–12)          August 3–Augu	ages 8–11) ☐ July 20–24 Session One (ages ust 7 Session Three (ages 10–14)	7–10)
Pay by: Enclosed Che	eck (payable to Berkshire Theatre G	iroup) 🗌 American Express 🔲 Mastercard	☐ Visa
Credit Card #:	Ехр	iration: Total: \$	****
M		t payable to Berkshire Theatre Group to	mail form



### **After-School Riding Programs**

6 week session beginning the week of March 9, 2015 Blue Rider Stables is located at 15 Farm Lane, South Egremont, MA

### Children ages 3-5

Tuesdays, 3:15 - 3:45 pm, beginning March 10, 2015

This 6 week session is a basic riding course where children will be introduced to the horses of Blue Rider Stables. Participants will learn to interact with a horse safely, develop body control and awareness through riding and playing games on horseback, and learn basic care for tack.





### Children ages 5-8

Wednesdays, 4:00 - 4:30 pm, beginning March 11, 2015

This riding course focuses on the skills of balance and coordination on horseback. During this 6 week session, participants will ride and play games on horseback while learning the subtleties of controlling their own horse.

### Children ages 9-12

Mondays, 4:00 - 4:30, beginning March 9, 2015

This riding course has a greater focus on riding skills and body awareness. During this 6 week session, participants will begin to discover how to read the body language of their horse and utilize their body movements to guide it.



### **Blue Rider Summer Camp**

Weekly, June 8 - August 28, 2015



### Full Day Sessions (for ages 9+) 9 am-6 pm

Full Day Campers have their own horse to ride, care for and love for the week. Mornings and afternoons are spent learning the ins and outs of horse care, barn management and age-appropriate horsemanship skills. Noontime offers downtime for lunch, crafts, reading, journal keeping and socializing.

Half Day Sessions - Mornings 9 am-12 pm OR Afternoons 3-6 pm Half Day Campers spend their morning or afternoon session having fun while connecting with the horses of Blue Rider Stables. Campers will learn the joy of caring for a horse and age-appropriate horsemanship skills.

### Register for Camp by March 15th and save 10%

Horseback riding provides an outdoor educational experience that offers hours of fun and exercise, creates priceless memories, builds confidence, nurtures a love for nature and teaches the importance of responsibility.

To register for a program, please visit bluerider.org/registration

For more information on Blue Rider Stables or our Programs, visit bluerider.org or contact us at 413.528.5299 or info@bluerider.org

P.O. Box 924 Great Barrington, MA 01230 \* 413.528.5299 \* info@bluerider.org \* bluerider.org

### **Multicultural BRIDGE Presents:**



## Is American Masculinity Harming Boys, Men, and Society At Large?

A new film by the people who brought you the film MissRepresentation

Film Screening followed by a Panel Discussion, featuring:

Dr. Jonathan Aronoff The Lost Generation of Boys

Bryan House BCAC

Matthew Bitten South Bay Mental Health

Bear McHugh Berkshire AHEC

Brian Cogswell LMMHS Assistant Principal

### March 7th, 5:30 PM at Duffin Theater at Lenox Memorial Middle And High School

for more information, please email: jv@multiculturalbridge.org





