

DEADLINE EXTENDED!



Friday, January 30, 2015
S.M.Art Half Day Workshops

**FREE! Sponsored by the Stockbridge and Great Barrington
Cultural Councils**

12:00pm to 3:15 pm at Muddy Brook

Bring a bag lunch and meet in Cafeteria • Pick up at 3:15 p.m. in Main Lobby

Chemical Reactions and Physical Changes through Hands-on Labs and Dance
with Jane Burke and Kristen Sparhawk

Students will observe some fun chemical reactions that fizz, change color, and go from solid to gas. Children will construct stories that explain what they have seen through creative movement with Kristen Sparhawk. They will also explore the reactions in hands-on lab investigations with Jane Burke. Children will share their stories through science results and performances. Parents are invited to watch if they come about 15 minutes early.

**Phone and email registration will open at
6 p.m. on January 20th**

(*phone messages will be returned the following day)

Space is limited! Deadline for registration is Friday, January 23rd.

To register online, visit the Flying Cloud website at:

www.flyingcloudinstitute.org

If you do not have access to the internet
please call Flying Cloud Institute at 229-3321
to reserve space immediately.



Donate here

PLEASE CONSIDER DONATING

These programs are made possible by limited grant funding. The cost per child is approximately \$25. To assure that they remain available at your school, please consider donating **www.flyingcloudinsitute.org/donate**

Flu Symptom Check List for Families, Schools and Child Care Programs

Flu season in Massachusetts usually starts in the fall and runs through the spring. The main symptoms of influenza (flu) include **fever in combination with a cough and/or sore throat**. Some people may also have a runny nose, body aches, headache, chills, and feel tired. Some people (especially young children) may also have diarrhea and vomiting.

To keep flu from spreading in the community it is important to keep your sick child at home when he or she has the flu. Use this form during flu season to determine whether your child should attend school or child care.

Flu-like illness: Should I keep my child home?		
	Yes	No
1) Has your child had a fever of 100.4 degrees F or higher in the <u>past 24 hours</u> ? Note: 100.4° F is the same as 38° C.	<input type="checkbox"/>	<input type="checkbox"/>
If you answered Yes to the question above, keep your child home for at least another day to observe for additional symptoms.		
2) Does your child have a cough OR sore throat?	<input type="checkbox"/>	<input type="checkbox"/>
If you answered YES to both questions above, keep your child home . Your child has an influenza-like illness (fever and cough or sore throat). If your child has a cough or sore throat without fever, he or she may be well enough to go to school or child care. Your child's school or child care program may have additional guidance.		
After the flu: Can my child return to school or child care?		
	Yes	No
1) Has your child had a fever of 100.4 degrees F or higher in the <u>past 24 hours</u> ? Note: 100.4° F is the same as 38° C.	<input type="checkbox"/>	<input type="checkbox"/>
If you answered Yes to the question above, keep your child home for at least another day to observe for additional symptoms.		
2) Has your child had acetaminophen (Tylenol) or ibuprofen (Motrin or Advil) to reduce fever in the <u>past 24 hours</u> ?	<input type="checkbox"/>	<input type="checkbox"/>
If you answered YES to either question above, keep your child home for at least another day to observe for additional symptoms. Then use the check list questions again to decide whether you should continue to keep your child home.		
If you answered NO to both questions above, and your child appears well, your child can return to school or child care.		

Where can I find more information about influenza?

- www.mass.gov/flu
- www.cdc.gov/flu
- www.immunize.org
- Call the Massachusetts Department of Public Health at 617-983-6800 or your local board of health.



Announcing the Fifth Annual Muddy Brook Chess Tournament



This year's chess tournament will be a double elimination tournament (i.e. participants need to lose two matches before they are eliminated from the tournament.) Any student who knows how to play chess, wishes to participate, whose parent/guardian completes the "Chess Tournament Permission Slip" and turns it into the MBE main office before March 1st may participate. The winner of the tournament will have his/her name engraved on the school chess trophy to be displayed in the elementary school office!

Scheduling of games for the tournament will be done by Mr. Kalish and all students and their parents will be informed of tournament games at least one week in advance. All games will be during chess club, Monday and Wednesday mornings 8:00 to 8:25 a.m. in the Muddy Brook library. Anyone showing up later than 8:10 will automatically forfeit that game. Games not finished by 8:25 will be recorded and finished at another meeting of the chess club. Tie games will be replayed. A second tie game by the same players will be adjudicated by Mr. Kalish and he will declare a winner based on which student played the "better" game. Which student has the white pieces for each game will always be decided randomly. The first game of the tournament will be played on March 8th. Below is a copy of the Chess Tournament Permission Slip. More copies of this form can be picked up at Chess Club or from the MBE office.

2015 Chess Tournament Permission Slip

Student's Name _____

Parent/Guardian Name _____

Best way to contact Parent (telephone number, email ?) _____

I understand that tournament matches take place in the mornings at 8:00 a.m. and I will provide transportation for my child on those morning when tournament matches take place.

Parent/Guardian