

Muddy Brook Regional Elementary School – Lunch Menu for May 2017

Mass Farm to Schools Harvest of the Month for May - Seafood

Lunch \$2.25

Reduced Lunch \$0.40



Additional Lunch Choices available daily include:

Salad Entrée,

Fresh Deli Sandwiches,

Fruit & Yogurt Parfait

Or PBJ

Tues/Thurs – Barilla Whole

Grain Pasta

ALL Lunches include an 8 oz. 1% Low Fat Milk or Fat Free Chocolate Milk

ALL Lunches include Fresh Fruits and Vegetables

ALL Pastas, Breads & Rolls are Whole Grain or Whole Wheat

May 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 All Beef Hot Dog Sweet Potato Fries	2 WG Pasta & Meatballs	3 Stuffed Crust Pizza	4 Fish Sandwich 	5 Inservice Day Half day of school	6 No Homework Day 
7	8 Chicken Nuggets Smiley Fries	9 Turkey & Cheese Grinder	10 Beef Tacos Refried Beans Windmill Day 	11 Chicken Parmesan WG Pasta	12 Philly Cheese Steak Sandwich	13 Train Day 
14	15 Upside Down Day Cereal & Yogurt	16 Meatball Grinder	17 BBQ Chicken Breast Long Grain & Wild Rice	18 Fish Sticks 	19 Baked Stuffed Shells WW Dinner Roll	20
21	22 Hamburger or Cheeseburger	23 Clam Roll 	24 Salisbury Steak Mashed Potatoes w/Gravy	25 Ham & Cheese Grinder	26 Cheese Pizza	27
28	29 Memorial Day Holiday 	30 Chicken Patty Sandwich	31 BBQ Pork Riblet Sandwich	May is National BBQ Month		

FRESH FRUIT & VEGETABLE OFFERINGS VARY DAILY

FRUITS INCLUDE: Apples, Bananas, Oranges, Pears, Strawberries, Pineapple, Cantaloupe, Honey Dew Melon, Watermelon, Plums, Peaches, Grapes, Mango & Kiwi

VEGETABLES INCLUDE: Broccoli, Squash, Carrots, Cauliflower, Cucumbers, Celery, Tomatoes, Peppers, Potatoes, Mesclun Greens & Chickpeas

If you have questions regarding the Food Service Department: Menu, On-line Payment Info, Free & Reduced Meal Benefits, Allergy concerns or any issues please contact - KATHY SULLIVAN – Director of Food Service (413)644-2325 or (855)255-8666 or Kathy.sullivan@bhrs.org